



## Nebraska Hapkido Association Newsletter January 2003

Hello, and thank you for reading this, our first association newsletter. We are trying something new here, hoping that this will end up being an effective place for:

- 1) People to write articles related to martial arts and self-defense,
- 2) Announcements of seminar and tournaments, and
- 3) News of the association and the world of martial arts in general.

If you have an article/news that you wish published in the newsletter, please contact Sabum Howard of the Nebraska Hapkido Association at [hapkido@mindspring.com](mailto:hapkido@mindspring.com).

(I'll note here that it is ENTIRELY possible that certain high-ranking belts will be asked/required to occasionally submit articles/thoughts on various topics of martial arts and self-defense. You might even read "possible" as "probable."



At the beginning of the new year, the current group of NHA members all posed for a photo like they were normal people. It was a strain, but they managed it. Pictured from right to left is Michelle Roemig, Angi Peglow, Steve Meagher, Beck Meagher, Lisa Saner, and instructor Thomas Howard. Not pictured is Brian Cummings, Josh Cook, and Jon Montoya. Photo taken early January, 2003.

*A warrior may choose pacifism. Others are condemned to it.*

--Bob Orlando  
"Martial Arts America"



Well, it is the start of a new year. Our class is (on average) a little bit larger than it was last year, so we are growing, though a bit slowly. That isn't a problem, since we aren't in a race. I will note, however, that anyone who happens to bring someone to class who decides to join will get \$5 off that month's training fee. So if you manage to get eight people to start class, you get a free month! (I know, a bit far-fetched, but still worth a try...)

Remember that people are welcome to come observe a class anytime—we are always happy to show what we do.

Recent events: At the end of November 2002, the NHA performed a self-defense and martial arts demonstration at Walt Branch Library in Lincoln, NE. While turnout was not spectacular, the ensuing discussion and commentary was energetic and positive, leading to several people joining our class. Additionally, Julie Meyer wrote an article about it and submitted it to the SportsPages, a Lincoln-based publication which has said they will print it in the upcoming months.



### Upcoming Seminars and Tournaments:

USKMAF Seminar, Jackson MS, March 7-9<sup>th</sup>. Among other things, Dr. He-Young Kimm will be there. See [www.Hapkido.com](http://www.Hapkido.com) for details.

**Next Newsletter: Some Self-Defense thoughts.**